



BAKERY CASE

(prices and selection will vary daily)

Ham & Gruyere Biscuit	Cinnamon Sugar Morning Bun
Egg in Brioche	Kouign-Amann
Prosciutto + Provolone Croissant	Pain Au Chocolat
Butter Croissant	Scones (Seasonal)
Almond Bostok	Carmel BTS Custard
Vegetable Frittata (gf)	Fruit Jammie
Seasonal Bread Pudding	Tahini Brownie (vg)
Raspberry Almond Bar	Chocolate Hazelnut Tart
Molasses Ginger Cookie	Seasonal Fruit Tart
Quiche (Seasonal)	Chocolate Hazelnut Cookie
Pizza-by-the-Slice	Chocolate Truffle Cookie (gf)
The Sicilian Sandwich	Special Toasts

BREADS

Country Sourdough Loaf	9
Seeded Rye Loaf	9
Ciabatta Loaf	5
Focaccia (Slice)	5
Buttermilk Biscuits (4)	6
Banana Walnut Bread with Cocoa Nib (Slice)	4

LUNCH

Avocado Bruschetta	10
Avocado, Tomato, Olive Oil, Sunflower Seeds + Local Flowers	
Grilled Cheese + Organic Tomato Soup	10
Garlic Chips, Provolone + Mozzarella Toasties	
Organic Kale Caesar (V)	8 14
Anchovy Cesar Dressing, Parmesan + Sourdough Crumbs	

ROMAN-STYLE PIZZA (Sml...2-3 pp | Med...3-6 pp | Lge...6-10 pp)

Margherita (V)	18 28 46
Pepperoni	19 30 49
Prosciutto	22 34 56
Marsala Cream Sauce, Mushrooms, Sage + Provolone	
Four Cheese Basil Pesto (V)	20 32 51
Mozzarella, Goat Cheese, Parmesan, Fontina + Arugula	
Vegan Cheese (VG)	22 34 56
Tomato Sauce, Broccoli di Ciccio + Roasted Red Peppers	
Heirloom Artichoke (V)	22 34 56
White Sauce, Spinach, Meyer Lemon, Ricotta + Basil	
Fennel Sausage	23 38 59
Tomato Sauce, Roasted Red Peppers, Artichoke + Fontina	

RISE + ROAM COFFEE BAR

Rise + Roam roasts our own specialty coffees by hand to offer a consistently smooth, clean, and delicious experience. We source only 100% organic, fair trade beans from Columbia and Brazil.

Espresso

Double Shot	3
Americano	3

Espresso + Milk

Latte	4.5
Cappuccino/Flat White	4
Macchiato/Cortado	3.5
Mocha	4.5

Drip Coffee

Hot	4
Decaf	4
Café au Lait	4.5
Cold Brew	4

Artisan Hot Chocolate

4

Extras

Almond/Oat Milk	
0.5	
Organic Vanilla/Hazelnut Syrup	0.5
Zero Sugar Vanilla Syrup	0.5
Extra Shot of Espresso	1

OTHER BEVERAGE**Firepot Nomadic Teas**

Chai Latte	5
Matcha Latte	5
Temple of the Sun (Black)	4
House of Peace (Herbal)	4
Cult of Flowers (Herbal)	4
Illuminated Mind (Green)	4
Iced Tea (selection may vary)	3.5

Topo Chico Sparkling Water (12 oz)

4

Pellegrino Sparkling Water (25.3 oz)

6

Acqua Pana Still Water (16.9 oz)

5

Lemoncocco (12 oz)

5

Italian Sodas

4

Blood Orange, Lemon, Clementine, Cola

Russian River Brewing Beers

Imperial IPA - Pliny the Elder, 8.9%ABV	10
Hazy IPA - Mind Circus, 7.0% ABV	10
American IPA - Blind Pig, 8.9% ABV	9
Pilsner - STS, 5.35% ABV	9

Wines by the Glass

various

ABOUT RISE + ROAM - Our goal is to bring artisanal, slow breadmaking to Carmel. Our breads and pizza crusts are founded on a long, cold fermentation process, allowing the natural sourdough to loosen the gluten and transform the organic Italian flour and water into an intensely hydrated and flavorful dough that is naturally easier to digest and full of gut-healthy probiotics. Our pastries and baked goods are inspired by seasonality and tradition, with a healthy dose of modern creativity. We proudly roast our own coffee, make our own local wines, and source from local farmers, including our own garden. Thank you for sharing our passions. Enjoy.

NE Corner of Mission + 7th Avenue ~ Carmel-by-the-Sea

831-574-2900

www.riseandroambakery.com**DINE-IN ~ TAKE-OUT ~ DELIVERY ~ CATERING**